

ID Look-Alikes: Fever

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S> S.D., 10 year old, female from Malate, sought consult for the first time at PGH due to fever



History of Present Illness:

4 days prior to admission \rightarrow

- (+) moderate to high grade fever (Tmax 40° C)
- (+) headache
- (+) body malaise
- given Paracetamol which afforded temporary relief
- 2 days prior to admission \rightarrow still with high grade fever (Tmax 39^oC)
 - (+) epigastric pain
 - (+) vomiting 3x, previously taken food
 - Consult done at local hospital \rightarrow CBC \rightarrow normal result
- On day of admission \rightarrow Above signs and symptoms persisted \rightarrow PGH



Review of Systems:

- (-) cough and colds
 - s (-) urinary and bowel changes
- (-) seizure

(-) bleeding episodes

Past Medical History:

- (-) previously hospitalization
- (-) food and drug allergy

Family History:

- (+) hypertension- maternal uncle
- (+) bronchial asthma- father
- (-) DM, CA, PTB



Birth and Maternal History:

Born FT via SVD to a 24 year old G1P0 mother at Chinese Geberal Hospital

(+) PNC with private MD

(+) fever x 1 episode at 7 months AOG \rightarrow Paracetamol

(-) feto-maternal complications

Immunization History:

completed EPI

Nutritional History:

Purely breastfed x 2 months \rightarrow milk formula Presently, no food preference

Developmental History:

At par with age



Personal/ Social History:

Father is a 39 year old factory worker Mother is a 34 year old food server/ waitress

Physical Examination:

Awake, irritable, febrile, not in cardiorespiratory distress Wt: 20 kgs BP: 90/60 CR: 120/min RR: 24 /min T: 38.1°C Pinkish connjunctiva, anictieric sclera, (-) TPC (-) neck vein engorgement, (-) CLAD Equal chest expansion, clear breath sounds, no rales/wheezes Adynamic precordium, tachycardic, no murmur Slightly distended abdomen, NABS, soft, (+) direct tenderness at epigastric and periumbilical areas, LE = 7 cms BRSM Full and equal pulses, (-) edema, (-) rashes



Differential Diagnosis

- Dengue
- Influenza
- Typhoid fever
- Leptospirosis
- Malaria
- Non-dengue flavivirus (Japanese Encephalitis, Chikungunya)

Dengue cases are misdiagnosed in 10-17% solely on clinical suspicion.



- Relevant hx
 - Family or neighborhood dengue
 - Wading/playing in contaminated areas
 - Visit to malaria endemic areas
- PE
 - Hydration status
 - Tourniquet test



Major Manifestations of DHF vs DF

	DHF (n=206)		D (n=	F 98)
	No.	%	No.	%
Fever	206	100	98	100
Hemorrhagic Manifestations				
Tourniquet test(+)	202	98.1	62	63.3
Petechiae	81	39.3	17	17.3
Hematemesis	63	30.9	6	6.1
Melena	61	29.6	4	4.1
Epistaxis	41	19.9	10	10.2
Gum bleeding	13	6.3	1	1.0

S. Kalayanaroof, et al J Inf Dis 1997

Diagnostic Goals



Detection of dengue virus or its components
 Measurement of dengue antibodies

Timing of sample collection is essential to accurate diagnosis of dengue infection

Dengue Tests



- Virus (viral culture)
- Nucleic acid (PCR)
- NS1 Antigen (EIA/Rapid)

 Dengue IgM/IgG (EIA, Dot blot, Dipstick, Immunoblot, Immunochromotography)

	40 c 30 C			
10	Dengue tests	Time of collection after onset of sx	Time to results	Diagnosis of acute infection
	Viral culture	1-5 days	1-2 weeks	Confirmed
	PCF	1-5 days	2-3 days	Confirmed
	NS1 Ag	1-6 days	1-2 days	Confirmed
	IgM / IgG	After 5 days for acute sera; 7-14 days for convalescent sera	1-2 days/30 minutes	Probable/confirmed

Specimen: serum, plasma, whole blood, tissues

Dengue serotypes in the Philippines (2008 to 2010)

TOTAL NO:	3,469
Dengue-1	15.5%
Dengue-2	21.1%
Dengue-3	56.9%
Dengue-4	5.8%

ne			12 A.	
			100	
Regions I,	<u> 11, 111, IV-A, IV-</u>	<u>B, V.</u>		
	<u>CAR (n=6</u>	<u>88):</u>		
Dengue 1	4 29/			
Dengue-1	9.2%			
Dengue-2	6.5% 16.7%			
Dengue-3	2.5%		and the second s	
Deligue 4	2.370			
			4.	
	<u>NCR (n=609):</u>		A set of the set	
	Dengue-1	3.4%		
	Dengue-2	18.4%		
	Dengue-3	35.6%	Sec. Sec.	
	Dengue-4	0.2%	7 / T 🔨	
				3 8
		111 (1 - 2 + 1	
<u></u>	egions vi, vii, v	<u>//// (n=220):</u>	* 5 <u>~5</u> 772	
Dengue-1	5.5%			1
Dengue-2	1.8%	5	7 T (R)	22
Dengue-3	22.3%	4		
Dengue-4	0.9%			
Regions IX, X,	XI, XII, Caraga	<u>(n=811):</u>	Co. a.	
			The second	4
Dengue-1	11.2%			
Dengue-2	2.8%	e e e e e e e e e e e e e e e e e e e		
			CO.A	~ 0 L
Dengue-3	15.7%			
Dengue-3 Dengue-4	15.7% 4.7%			

Management of Dengue

Diagnosis

- Dengue fever (WHO classification, 1997)
- Dengue with warning signs (WHO classification, 2009)
 - Abdominal pain and tenderness
 - Persistent vomiting
 - Hepatomegaly
 - Irritability (?)

Management

Group B – referred for in-hospital management as patient approach the critical phase (T 38.1 ℃)

CBC, liver enzymes detemination, isotonic solutions, monitor vital signs, reassess clinical status, lab parameters



ID Look-Alikes: Fever

Josefina Cadorna – Carlos, M.D. Associate Professor of Pediatrics U E R M M M C I



S> G.M., 10 yr old, male, from Valenzuela, sought consult at PGH for the 1st time due to fever



History of the Present Illness

1 week prior to admission→ (+) on & off fever, Tmax 38.5°C (+) headache (+) body malaise (+) on & off epigastric pain No consult done. Patient was given

Paracetamol and Oresol.

2 days PTA \rightarrow still with fever Tmax 40°C

- (+) LBM, watery, 3 episodes/day, non-bloody, non-mucoid
- (+) increase severity of epigastric pain

Persistence of symptoms prompted consult at PGH and was subsequently admitted.



Review of Systems

(+) poor appetite(+) nausea(-) ear discharge

(+) lethargy(-) epistaxis(-) difficulty of breathing

(-) cough & colds(-)chest pain

Past Medical History

No previous hospitalization

Family History

No heredofamilial diseases noted

Birth/Maternal History

Patient was born full term to a then 33 year old G3P2 (2002) mother via SVD at a lying in clinic. Mother had regular prenatal check up c/o local health center. She took multivitamins and denied any maternal illness.





Immunization History

(+) BCG (+) DPT3 (+) OPV3 (+) measles

(+) Hepa B3

Nutritional History

Breastfed until 1 year of age. Mixed feeding with milk formula was started at 4 mos of age. Solid food was introduced at 6 mos of age.

At present, he consumes 3 meals and 2 snacks daily.

He is fond of eating street foods like "calamares", "isaw" and fish balls during school break.

Developmental History

At par with age.

At present, he is a grade 4 pupil with average scholastic standing.

Personal/Social History

The patient is youngest of 3 siblings. Father is 33 yr old accountant. Mother is 43 yr old teacher.



Physical Examination

Awake, lethargic, not in cardiopulmonary distress

Wt: 33 kgs	Ht: 130 cms		
BP: 100/70	HR: 88/min	RR: 30/min	T: 39°C

(+) Sunken eyeballs, pink conjunctivae, anicteric sclera, (+) dental caries

(-) tonsillopharyngeal congestion, (+) cervical lymphadenopathy

Adynamic precordium, distinct heart sounds, regular rate and rhythm, (-) murmur

Equal chest expansion, clear breath sounds, (-) rales/ wheeze

Abdomen soft, globular, normoactive bowel sounds, (+) diffuse tenderness on palpation, liver edge: 5 cm below the right subcostal margin, splenic edge: 3 cm below the left subcostal margin

Pink nailbeds, full pulses, (-) edema, (-) cyanosis

Normal external genitalia, Tanner stage 2



- G.M., 10 year old, Male, Grade IV student, fond of eating street foods
- 1 wk PTA: low to moderate grade fever,

headache, body malaise, on & off body malaise

2 days PTA: high grade fever, LBM, epigastric pain

Review of Systems: (+) poor appetite, (+) nausea (+) lethargy



- P.E. : highly febrile, lethargic, dehydrated,
 - : (+) cervical lymphadenopathy
 - : (+) abdominal tenderness
 - : (+) hepatosplenomegaly

TYPHOID FEVER

Weeks of illness	Ι	II	III	IV	
	Small intestines Peyer's patches hyperaemic, swollen	necrosis — sloug	hing → ulcers - hemorrhage perforation	→ healing	
	www.			W	*
Incubation period:	T° : slow, soft,	T°: BP	Typhoid state		Sequelae
10-12 days	dicretic, postration	Toxemia	Stupor, delirium	4	Cholecystitis
+	Diarrhea,	Delirium	Muscle twitching		Myocarditis
S. typhi	constipation,	Pea-soup stools	Meningism		Pericarditis
*	abdominal distension	Typhoid tongue			
Mounth	bronchitis, epistaxis,	spleen	1-2 finger breathes		
*		No.	below LCM	4 ×	
GIT ↓	rash—	► rose spots		1	
Peyer's patch	WBC: 4,000-5,000	Stool culture: +	Hemorrhage		
↓	N: 40% L: 60%	1	perforation		
Blood	Blood culture: +		$WBC: \ge 10,000$	See All	
*	Widal test: usually -	5	(N: 80%)		
Gall bladder			urine	culture: +	
↓ 1	O: -	O: +	O: + +	O: + + +	O:++
Intestines	H: -	H:+	H: + +	H: ++	H:++
+			6.		
Peyer's patch					

Signs and symptoms in 422 patients with blood culture confirmed typhoid fever. Abucejo PE, Capeding MR, et al, GCGallares Mem Hosp, Bohol, Phil; RITM, SEA JTropMed Pub Health, Sept 2001

Signs and symptoms	No. of patients (%)
Fever*	420 (99.5)
Chills	153 (36)
Headache *	162 (38)
Diarrhea*	104 (25)
Constipation	7 (2)
Anorexia *	108 (26)
Malaise *	100 (24)
Cough	99 (23)
Vomiting	88 (21)
Abdominal pain *	79 (19)
Hepatomegaly *	24 (6)
Gastrointestinal bleeding	11 (3)
Changes in sensorium	22 (5)
Rashes	4 (1)
Seizures	2(0.5) *present in the case



Admitting Diagnoses:

- 1. Typhoid fever (80%)
- 2. Pneumonia
- 3. Sepsis
- 4. Systemic viral infection
- 5. UTI
- 6. DHF
- 7. Acute gastroenteritis
- 8. Meningitis

Typhoid

Table 23. COMPARATIVE Statistics, by Sociodemographic Category and Region Typhoid, January - December, 2009 DOH, Philippines

Cate	gory	Cases	% of Total	5-Year Median	%Change from 5-Year Median	Deaths	CFR (%)
Sex	Male	422	58.4	282	49.6	1	0.2
	Female	301	41.6	246	22.4	0	0.0
Age group	<1	10	1.4	4	150.0	0	0.0
(Years)	1 to 4	86	11.9	45	91.1	0	0.0
	5 to 14	247	34.2	173	42.8	. 0	0.0
	15 to 24	166	23.0	139	19.4	1	0.6
	25 to 39	116	16.0	112	3.6	0	0.0
	40 to 64	76	10.5	43	76.7	0	0.0
	65 & up	18	2.5	9	100.0	0	0.0
	Unknown	4	0.6	0	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	0	0.0

Typhoid



Table 23. COMPARATIVE Statistics, by Sociodemographic Category and Region Typhoid, January - December, 2009 DOH, Philippines

		Cases				Deaths	CFR
Region	1	66	9.1	2	3200.0	0	0.0
	2	69	9.5	6	1050.0	0	0.0
	3	12	1.7	3	300.0	0	0.0
	4A	4	0.6	62	-93.5	0	0.0
	4B	0	0.0	0	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	0	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
	5	75	10.4	24	212.5	0	0.0
	6	81	11.2	9	800.0	0	0.0
	7	298	41.2	57	422.8	0	0.0
	8	7	1.0	36	-80.6	0	0.0
	9	0	0.0	20	-100.0	0	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
	10	55	7.6	0	∞	1	1.8
	11	0	0.0	21	-100.0	0	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
	12	1	0.1	5	-80.0	0	0.0
	ARMM	0	0.0	4	-100.0	0	~
	CAR	14	1.9	3	366.7	0	0.0
	CARAGA	1	0.1	1	0.0	0	~~
	NCR	40	5.5	119	-66.4	0	0.0
Philippines	5	723	100.0	528	36.9	1	0.1

There were seven hundred twenty three confirmed Typhoid cases reported in 2009 nationwide. Majority (58.4%) of the cases were male. The age group with the highest (34.2%) number of cases is the 5 to 14 years age group. Majority (41.2%) of the cases were from Region 7. One died (CFR=0.1).

Fig. 37. Distribution of Typhoid Cases by Year Philippines, 2005-2009





Fig. 38. Distribution of Typhoid Cases by Morbidity Month Philippines, January to December 2009

Morbidity Month



- Yersinia enterocolitica
- Rickettsial infection (Scrub typhus)
- Malaria
- Leptospirosis
- TB



- Blood culture (highest yield in the 1st week of illness)
- Stool culture ([+] in the 2nd-3rd week)
- Urine culture ([+] in the 2nd-3rd week but < than the stool culture yield)
- PCR : expensive, usually in research settings
- Rapid typhoid assays : detection of IgM/IgG for Salmonella typhi



Rapid typhoid assays





Typhirapid



Typhiliza



Comparison of Serological Test Kits for Dignosis of Typhoid Fever in the Philippines, Kawano R., et al, Nat'l Ref. Lab, STD/AIDS Coop. Central Lab, J Clin Microbiology, Jan 2007, p.246-247

Test kit	Sensitivity % (95% Cl)	Specificity % (95% CI)	PPV %	NPV %
TUBEX	94.7 (86.2-98.3)	80.4 (71.1-87.3)	78.0	95.3·
20,50,62,101				
SD Bioline			i di serie di	
IgM	69.0 (55.3-80.1)	79.3 (69.4-86.8)	67.8	80.2
lgG	70.7 (57.1–81.5)	76.1 (65.9–84.1)	65.1	80.5
Typhidot				De STEVEN
IgM	54.7 (42.8-66.1)	64.7 (54.6-73.7)	53.2	66.0
lgG	73.3 (61.7–82.6)	46.1 (36.3-56.2)	50.0	70.1
Mega .	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1			
IPM	90.7 (81.1-95.8)	49.0 (39.1-59.1)	56.7	87.7
lgG	96.0 (88.0–99.0)	39.2 (29.0-49.4)	53.7	93.0

TABLE 2. Comparative performance of the four serological test kits"

"For SD Bioline, the number of serotype Typhi culture-positive subjects examined was 58, and the number culture-negative subjects was 92; for all other tests, the number of culture-positive subjects was 75, and the number of culturenegative subjects was 102. PPV, positive predictive value; NPV, negative predictive value.



- Chloramphenicol : 75 mg/kg/day in 4 div doses x 14 days
- Amoxicillin : 100 mg/kg/day in 3 div doses x 14 days
- Cotrimoxazole : 8 mg/kg/day TMP:40mg/kg/d in 2 div doses x 14 days

Antimicrobial Resistance... Progress Report (Jan-Dec, 2009)



Antimicrobial Resistance ... Progress Report (Jan-Dec, 2009)





- Personal Hygiene & health education
- Safe, potable water supply
- Environmental sanitation
- Vaccination
- *** Oral typhoid vaccine] Efficacy
- *** Inactivated typhoid vaccine] 60-70%



Non-typhoidal fever(+) for typhidot IgM & IgM/IgG

Non-ty Fevers	Number	Percentage
UTI	3	4.3%
Hepatitis A	3	4.3%
ATP	1	2.2%
DFS/DHF	3	4.3%
URTI	4	8.7%
Pneumonia	1	2.2%
SVI	31	67.4%
Hep granuloma	1	2.2%
(?TB)		



ID Look-Alikes: Fever and Jaundice

Anna Ong-Lim, MD

Section of Infectious and Tropical Disease in Pediatrics College of Medicine - Philippine General Hospital University of the Philippines Manila



S>J.C., 10 year old, male, from Pangasinan, sought consult at PGH for the 1st time due to fever



History of Present Illness

5 days prior to admission \rightarrow Noted to have high grade, undocumented fever associated with chills, lethargy, malaise and severe headache.

(+) nausea and vomiting
(+) generalized abdominal pain
(+) severe muscle pain,
prominent in the lower extremities

 \rightarrow The patient sought with a traditional healer and was given several herbal concoctions with no note of improvement

Persistence of symptoms prompted consult at PGH



Review of Systems:

- (-) seizure (+) orbital pain
 (-) eye discharge (-) colds
 (-) ear discharge (-) epistaxis
- (+) hematemesis (-) hematochezia

(+) photophobia
(-) cough
(-) difficulty of breathing
(-) dysuria

Past Medical History

- (-) history of trauma
- (-) history of previous hospitalizations
- (-) food/drug allergy



Family History

(-) DM, asthma, hypertension
 (+) PTB – father, treated for 6 mos before the

patient was born

(-) similar illness in the family

Birth & Maternal History

Patient was born full term to a then 22 yo G1P0 mother via SVD at home assisted by a traditional birth attendant. Mother had no prenatal check up.

There was no note of maternal illness during pregnancy

The patient allegedly had good cry and activity at birth.



Immunization History

(+) BCG(-) DPT, OPV, Hepatitis B, measles

Nutritional History

The patient was breastfed until 2 yrs old Solid food was introduced at 4 mos of age At present, he consumes 3 meals/day, composed mainly of rice, fish and vegetables



Developmental History

At par with age The patient is a grade 5 pupil at a local public elementary school with above average scholastic standing.

Personal/Social History

Patient is the eldest among 5 children. Father is 35 year old farmer Mother is 33 year old laundrywoman He usually helps his father in the fields before going to school.



- 10/M from Pangasinan
- 5-day history of high-grade fever / chills
 - Systemic symptoms: lethargy, malaise, severe headache, nausea and vomiting
 - Also with orbital pain, photophobia, generalized abdominal pain, severe muscle pain at lower extremities
 - Noted to have hematemesis



- Physical exam: fever, lethargy
 - Palpable lymph nodes at cervical, axillary, inguinal areas
 - (+) conjunctival suffusion, icteric sclerae
 - Liver edge at 4 cm below right costal margin
- Grade 5 student, helps at farm before going to school



Fever and Jaundice

Bacteria

Atypical mycobacteria Bacille Calmette-Guérin (BCG) Bacillus cereus toxin Bartonella henselae and Bartonella quintana Brucella species Listeria monocytogenes Mycobacterium tuberculosis Sepsis syndrome with cholestatic jaundice Urinary tract infection in neonates

Spirochetes

Leptospira species Treponema pallidum

Rickettsiae

Coxiella burnetii (Q fever)

Parasites

Ascaris lumbricoides Entamoeba histolytica Plasmodium species Toxoplasma gondii



Fever and Jaundice

Non-infectious

Autoimmune hepatitis Reye syndrome

Hemophagocytic syndrome Histiocytosis Lymphoma Tumors

Sarcoidosis Kawasaki Disease Toxic shock syndrome

Feigin RD et al. Feigin and Cherry's Textbook of Pediatric Infectious Diseases. Philadelphia. Saunders, 2009.



Fever and Jaundice

Primary hepatotropic viruses

Hepatitis A virus Hepatitis B virus Hepatitis C virus Hepatitis D virus Hepatitis E virus

DNA viruses

Adenovirus Cytomegalovirus Epstein-Barr virus Erythrovirus (human parvovirus B-19) Herpes B virus Herpes simplex viruses 1, 2 Human herpesviruses 6, 7, 8

Varicella-zoster virus

RNA viruses

Enteroviruses Hemorrhagic fever virus Human immunodeficiency virus Measles virus Rubella virus Syncytial giant-cell hepatitis

Feigin RD et al. Feigin and Cherry's Textbook of Pediatric Infectious Diseases. Philadelphia. Saunders, 2009.

Differential Diagnosis: Fever and Jaundice

- Helpful to determine if jaundice is pre-, intra- or post-hepatic
- Pre-hepatic jaundice: HEMOLYSIS with low hemoglobin, reticulocytosis, elevated LDH and indirect bilirubin levels
 - Malaria, *C. perfringens*, *M. pneumoniae*
 - Patients with hematologic conditions (G6PD, paroxysmal nocturnal hemoglobinuria) may experience a hemolytic crisis during infection

symptom to diagnosis. Theime. 2007, pp 145-146

Differential Diagnosis: Fever and Jaundice

- Intra-hepatic Jaundice
 - Abnormal liver enzymes are noted, but hyperbilirubinemia is not very extensive
 - Due to a variety of pathogens
- Post-hepatic Jaundice
 - Presents with elevated direct bilirubin levels
 - Choledocholithiasis, pancreatitis
 - Can be accompanied by ascending infections due to Enterobacteriaceae, Enterococci and anaerobes
 - Parasites (F. hepatica, Schistosoma) are important in endemic areas



- Nonspecific term for inflammation of the uvea
 - Anterior uveitis: both iris and ciliary body are involved (iridocyclitis)
 - Intermediate uveitis: inflammation in the region of the ciliary body and peripheral retina
 - Posterior uveitis: usually applies to combined inflammation of the retina and choroids \rightarrow chorioretinitis
- Uveitis may result in pain, conjunctival or episcleral hyperemia, photophobia, lacrimation, and decreased vision
 - symptoms vary relative to the site and the aggressiveness of the inflammation

Feigin RD et al. Feigin and Cherry's Textbook of Pediatric Infectious Diseases. Philadelphia. Saunders, 2009.



Causes of Infectious Uveitis

Viral

Herpes simplex

Varicella zoster virus

EBV

Enterovirus

Rubella virus

Mumps virus

Measles virus

SSPE

Creutzfeldt-Jakob Disease

HIV

CMV

Parvovirus

Hemorrhagic fever viruses

Human T-cell lymphotrophic virus

Lymphochoriomeningitis Virus

Bacterial

Syphilis Lyme disease

Leptospirosis

Tuberculosis

Leprosy

Brucella infection

Cat-scratch disease

Fungal

Hisptoplasmosis Candidiasis Aspergillosis Coccidioidomycosis Cryptococcosis Sporotrichosis

40 30 123 100 25 50

Leptospirosis: Transmission

- Contact with blood, urine, tissues, or organs of infected animals
- Exposure to an environment contaminated by leptospires
 - Indirect transmission of leptospires from soil or water depends on environment favoring survival outside animal host → warm climate (25° C), moisture, pH values 6.2 - 8.0
 - Occupational exposure to cattle or swine or to water contaminated by rat urine is a risk factor
 - Number of cases acquired during outdoor recreation has increased
 - Dog has been incriminated as an important vector and reservoir

Feigin RD et al. Feigin and Cherry's Textbook of Pediatric Infectious Diseases. Philadelphia. Saunders, 2009.

Signs and symptoms	
Fever	96.5
Jaundice	94.5
Myalgia	92.5
Headache	74.6
Vomiting	71.6
Dehydratation	63.1
Chills	62.2
Calf pain	51.7
Diarrhea	42.3
Hepatomegaly	37.8
Anorhexia	37.3
Oliguria	31.8
Tachypneia	32.3
Dyspnea	28.3
Crackles or rhonchi	22.9
Petechias	20.4
Arthralgias	19.9
Hemoptysis	13.4
Hematemesis	12.9
Conjunctival suffusion	11.9
Edema	11.4
Desorientation	9.4
Flapping	5.4
Constipation	4.9
Splenomegaly	2.9
Seizure	1.0

Daher EF et al. Clinical presentation of leptospirosis: a retrospective study of 201 patients in a metropolitan city of Brazil. Braz J Infect Dis 2010;14(1):3-10

Table 2. Objective findings on admission

Objective finding	No.	%
Conjunctival suffusion	82	99
Jaundice	51	1
Fever	82	99
Tenderness in the abdomen	22	26.5
Calf tenderness	72	87
Tachycardia	18	22
Anemia	2	2.4
Hepatomegaly	2	2.4
Epistaxis	1	1.2
Melena	1	1.2
Hemoptysis	3	3.6

Orpilla-Bautista I et al. Predictors of Mortality among Patients with Leptospirosis Admitted at the JRRMMC. Phil J Microbiol Infect Dis 2002; 31(4):145-149.



- Typically, disease presents in four broad clinical categories:
 - 1. Mild, influenza-like illness
 - 2. Weil's syndrome characterized by jaundice, renal failure, hemorrhage and myocarditis with arrhythmia
 - 3. Meningitis / meningoencephalitis
 - 4. Pulmonary hemorrhage with respiratory failure
- Clinical diagnosis is difficult because of the varied and non-specific presentation.
 - Confusion with other diseases, e.g. dengue and other hemorrhagic fevers → particularly common in the tropics

World Health Organization. Human leptospirosis: Guidance for Diagnosis, Surveillance and Control. 2003

Clinical Course of Leptospirosis

Anicteric Leptospirosis

(Weil syndrome)



Feigin RD et al. Feigin and Cherry's Textbook of Pediatric Infectious Diseases. Philadelphia. Saunders, 2009.



Clinical Scoring System: Faine's Criteria

Part A. CLINICAL

Headache
Fever
T>39C
Conjunctival suffusion
Meningism
Muscle pain
Conjunctival suffusion
Meningism
Muscle pain
Jaundice
Albuminuria or
Nitrogen Retention

Part B. EPIDEMIOLOGY

- 2 Contact with animals at home, work, leisure 10
- 2 or travel, OR contact with possibly
 - contaminated water

Part C. LABORATORY

Isolation of leptospires in culture: CERTAIN

Positive serology: endemic

10Single (+), low titer2Single (+), high titer10Paired sera, rising titer25

1

2

4

4

4

4

Postive serology: non-endemic Single (+), low titer Single (+), high titer Paired sera, rising titer

5

15

25



- Presumptive diagnosis of leptospirosis
 Part A OR Part A and PART B ≥26
 - Part A, B, C (Total) \ge 25
- Score between 20-25 suggests that leptospirosis is POSSIBLE but UNCONFIRMED



- Antibody detection
 - MAT is usually positive 10–12 days after the appearance of the first clinical symptoms and signs
 - Seroconversion may sometimes occur as early as 5–7 days after the onset of the disease
 - Antibody response may be delayed with prior antibiotic therapy
- Blood, urine or tissue cultures
- Demonstration of the presence of leptospires in tissues using flourescent-labelled antibodies
- Polymerase chain reaction (PCR)



- One-week treatment course should be given early in the course of disease if a diagnosis of leptospirosis is suspected
 - Parenteral aqueous penicillin G, 6-8 million
 U/m²/day in six divided doses
 - Tetracycline, 10-20 mkday IV
 - Tetracycline, 25-50 mkday PO



- Dehydration, cardiovascular collapse, and acute renal failure may necessitate prompt and specific treatment
 - Acute renal failure prevented by ensuring adequate renal perfusion and appropriate fluid administration early in the course of disease, when prerenal azotemia and shock may be seen
 - If prerenal azotemia is suspected, diuresis should be attempted promptly with administration of a fluid or colloid load designed to expand extracellular volume and replace extracellular fluid deficits
 - In patients who do not respond, acute tubular necrosis may be suspected → fluid restriction
 - If azotemia is severe or prolonged → peritoneal dialysis or hemodialysis



Ophthalmologic signs and symptoms

- Orbital pain
 - Can be caused by acute glaucoma or posterior scleritis
- Photophobia
 - Usually associated with more severe ocular surface disease or intraocular inflammation such as iridocyclitis

Walker HK, Hall WD, Hurst JW, editors. Clinical Methods: The History, Physical, and Laboratory Examinations. 3rd edition. Boston: Butterworths; 1990.



- Helpful diagnostic clue, appears 2-3 days after fever onset, affects bulbar conjunctiva
- No pus, serous secretions, matting of eyelids





Thank You!